



STRATFORD FOOD BANKS



MONDAY

Salvation Army – Stratford – 230 Lightbourne Avenue 519-271-2950
1:30 pm - 4:30 pm call to book an appointment

TUESDAY

Stratford House of Blessing – 423 Erie Street 519-273-3433
10:00 am – Noon and 1:00 pm – 3:00 pm info@shob.org

Salvation Army – Stratford – 230 Lightbourne Avenue 519-271-2950
1:30 pm - 4:30 pm call to book an appointment

St. James Anglican Church – 6 Hamilton Street 519-271-3572
9:30 am – 11:00 am

WEDNESDAY

Stratford House of Blessing – 423 Erie St., **No appointment necessary** 519-273-3433
10:00 am – Noon and 1:00 pm – 3:00 pm info@shob.org

Society of St. Vincent DePaul – St. Joseph’s Catholic Church **Bring ID** 519-271-6722
96 Huron Street **No appointment necessary**
3:30 pm – 5:00 pm

THURSDAY

Stratford House of Blessing – 423 Erie Street 519-273-3433
10:00 am – Noon and 1:00 pm – 3:00 pm info@shob.org

Salvation Army – Stratford – 230 Lightbourne Avenue 519-271-2950
9:30 am - 11:30 am and 1:30 pm to 4:30 pm
Call to book an appointment.

FRIDAY

St. Paul’s Anglican Church – 9 Douro Street 519-271-4527
9:30 am – 11:00 am



TAKE-OUT MEALS



MONDAY

The Local

4:30 pm – 5:00 pm

For delivery place your order before noon the day before at

mealdelivery@thelocalcfc.org

Or 519-508-3663 x 1001

WEDNESDAY

The Local

11:00 am – 11:30 pm

For delivery place your order before noon the day before at

mealdelivery@thelocalcfc.org

Or 519-508-3663 x 1001

THURSDAY

St. Joseph’s

5:00 pm on

Aug 29th and Sept 17th

Pick Up

at Hibernia Street
Parish Hall Entrance

FRIDAY

The Local

11:00 am – 11:30 pm

For delivery place your order before noon the day before at

mealdelivery@thelocalcfc.org

Or 519-508-3663 x 1001

LOW COST ACCESS MARKET

Fresh Food at Affordable Prices

The Local Community Food Centre

612 Erie Street Stratford

Monday 5:00 pm – 6:00 pm

Friday 1:30 am – 12:30 pm



HAVE QUESTIONS?

Call or Text 211 to Get Answers.



They can direct you to the services that will help you.

EMERGENCY PET FOOD BANK

at

Stratford Perth Humane Society

125 Griffith Road, Stratford

You need to order ahead and arrange a pick-up time.

Call 519-273-6600 ext 258

and leave a message

OR

Email: sphspetfoodbank@kwsphumane.ca

(put "FOOD BANK REQUEST" in the subject line)

Supplies provided: cat food, dog food, small animal food, small animal bedding, cat litter and poop bags.



FEELING STRESSED, ANGRY, LONELY OR AFRAID? NEED SOMEONE TO TALK TO?



KIDS HELPLINE

Text 86868

Phone 1-800-668-6868

HURON-PERTH HELPLINE AND CRISIS RESPONSE TEAM

Phone 1-888-829-7484

WOMEN'S CRISIS LINE AND SEXUAL ASSAULT HOTLINE

Phone 519-271-5550

FEELING SICK? WORRIED YOU OR SOMEONE ELSE MIGHT HAVE COVID-19?

ONLINE ASSESSMENT AND INFO

Visit: covid-19.ontario.ca



HURON-PERTH HEALTHCARE ALLIANCE

HEALTH LINE:

Call 1-888-221-2133 ext. 3267.

Monday to Friday: 9:00 am to 6:30 pm

Saturday and Sunday 9:00 am to 4:00 pm

TELEHEALTH ONTARIO

Call 1-866-797-0000

***IF YOU OR SOMEONE ELSE IS HAVING
DIFFICULTY BREATHING CALL 911***

IN NEED OF SHELTER?

AGES 16 to 24: Call Shelterlink at 519-272-2294

AGES 25+: Call Social Services at 519-271-3773 x254

AFTER HOURS: Call Huron Perth Crisis Line at 519-274-8000

