

Community Meals in Perth-Huron!

DECEMBER 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			LCFC Start at 1:30 am	1	2	3
					LCFC 11:30 am-1 pm	4
5	6 F&L 4-5 pm	LCFC Start at 5:15 pm	8	9	10	11
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	
12	13 F&L 4-5 pm	Jubilee 5-6 pm	15	16	17	18
	LCFC Start at 5:15 pm	LCFC Start at 1:30 am	St. Joseph's 5-6 pm	LCFC 11:30 am-1 pm		
19	20 F&L 4-5 pm	21	22	23	24	25
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am	Memorial 5:15 pm	LCFC 11:30 am-1 pm	
26	27 F&L 4-5 pm	Jubilee 5-6 pm	29	30	31	
	LCFC Start at 5:15 pm	LCFC Start at 1:30 am			LCFC 11:30 am-1 pm	

MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	F&L 4-5 pm	1	2	3	4	5
	CRC 4-5 pm	LCFC Start at 1:30 am			LCFC 11:30 am-1 pm	
6	7 F&L 4-5 pm	8	9	10	11	12
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	
13	14 F&L 4-5 pm	15	16	17	18	19
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am	St. Joseph's 5-6 pm	LCFC 11:30 am-1 pm	
20	21 F&L 4-5 pm	22	23	24	25	26
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am	Memorial 5:15 pm	LCFC 11:30 am-1 pm	
27	28 F&L 4-5 pm	29	30	31		
	LCFC Start at 5:15 pm	LCFC Start at 1:30 am				

Stratford and area

St. Joseph's Parish Hall 96 Huron St., Stratford Contact: 519-271-6722 <i>Meals to go on 3rd Thursdays.</i>	The Local Community Food Centre (LCFC) 612 Erie St., Stratford Contact: 519-508-3663 ext 1001 or email: mealdelivery@thelocalcfc.org <i>Mondays & Wednesdays delivery only, Fridays cafe style; hot, healthy lunch and coffee served in dining room.</i>
Christian Reformed Church (CRC) 190 Athlone Cres., Stratford Contact: 519-273-1292 <i>Meals to go on 1st & 3rd Tuesdays.</i>	Memorial Baptist Church 113 Bruce St., Stratford Contact: 519-271-2196 <i>Meals to go on 4th Thursdays. Reserve one week ahead.</i>
Jubilee Christian Fellowship <i>Uses St.Paul's Church facilities</i> 9 Douro St., Stratford Contact: 519-273-4441 <i>Meals to go on 2nd & 4th Tuesdays.</i>	

JANUARY 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			LCFC Start at 1:30 am	1	2	3
					LCFC 11:30 am-1 pm	1
2	3 F&L 4-5 pm	4	5	6	7	8
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	
	9	10 F&L 4-5 pm	11	12	13	14
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am	St. Joseph's 5-6 pm	LCFC 11:30 am-1 pm	15
16	17 F&L 4-5 pm	18	19	20	21	22
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am	Memorial 5:15 pm	LCFC 11:30 am-1 pm	
23	24 F&L 4-5 pm	25	26	27	28	29
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	
30		31				

APRIL 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			LCFC Start at 1:30 am		1	2
					LCFC 11:30 am-1 pm	
3	4 F&L 4-5 pm	5	6	7	8	9
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	
10	11 F&L 4-5 pm	12	13	14	15	16
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am	St. Joseph's 5-6 pm	LCFC 11:30 am-1 pm	
17	18 F&L 4-5 pm	19	20	21	22	23
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am	Memorial 5:15 pm	LCFC 11:30 am-1 pm	
24	25 F&L 4-5 pm	26	27	28	29	30
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	

Goderich and area

Goderich Fishes and Loaves (F&L) Meals to Go on Tuesdays hosted by three churches, listed below. Call to reserve meals by Monday at 1 pm. Pick-up by appointment.	Salvation Army 303 Suncoast Dr., Goderich Contact Church Office: 519-524-8822
	Trinity Christian Reformed Church 245 Mill Rd., Goderich Contact Church Office: 519-524-8003
	St. George's Anglican Church Contact Church Office: 519-524-2274 <i>*Uses Trinity Church location</i>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	F&L 4-5 pm	3	2	3	4	5
	CRC 4-5 pm	LCFC Start at 1:30 am			LCFC 11:30 am-1 pm	
6	7 F&L 4-5 pm	Jubilee 5-6 pm	9	10	11	12
	LCFC Start at 5:15 pm	LCFC Start at 1:30 am	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	
13	14 F&L 4-5 pm	15	16	17	18	19
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am	St. Joseph's 5-6 pm	LCFC 11:30 am-1 pm	
20	21 F&L 4-5 pm	22	23	24	25	26
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am	Memorial 5:15 pm	LCFC 11:30 am-1 pm	
27	28					
	LCFC Start at 5:15 pm					

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 F&L 4-5 pm	3	4	5	6	7
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	
8	9 F&L 4-5 pm	10	11	12	13	14
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am		LCFC 11:30 am-1 pm	
15	16 F&L 4-5 pm	17	18	19	20	21
	LCFC Start at 5:15 pm	CRC 4-5 pm	LCFC Start at 1:30 am	St. Joseph's 5-6 pm	LCFC 11:30 am-1 pm	
22	23 F&L 4-5 pm	24	25	26	27	28
	LCFC Start at 5:15 pm	Jubilee 5-6 pm	LCFC Start at 1:30 am	Memorial 5:15 pm	LCFC 11:30 am-1 pm	
29	30 F&L 4-5 pm	31				
	LCFC Start at 5:15 pm					



2021-2022

FOOD for ALL

Food Banks and Community Meals in Perth & Huron Counties



*Revised October 2021. These dates and times subject to change and/or more programs may choose to restart service after print date. Call 2-1-1 or visit info.perthhuron.ca for the most up-to-date information.

Food Banks & Equal Access Markets in Perth County

House of Blessing 423 Erie St., Stratford

Hours: Tuesdays, Wednesdays & Thursdays 10 am–12 pm & 1–3 pm
Contact: Office: 519-273-3433
Details: Open to Stratford and area residents. One pick-up per month. Diapers and formula, clothing, school supplies, and toiletries when available. Plus Christmas toys.

Salvation Army · Stratford 230 Lightbourne Ave.

Hours: Mondays 1:30–4:30 pm
Tuesdays 9:30–11:30 am
Thursdays 9:30–11:30 am & 1:30–4:30 pm
Contact: Church office: 519-271-2950
Details: Open to all. By appointment. One pick-up per month. Christmas hampers available.

Society of Saint Vincent de Paul

St. Joseph's Catholic Church

96 Huron St., Stratford (center Church Hall off Hibernia St.)
Hours: Wednesdays 3–5 pm
Contact: Church office: 519-271-6722
Details: Open to all, year round. Eligible once every four weeks. (Closed between Christmas and New Year's Day)
The Christmas Giving Tree, registration required.

St. Paul's Church 9 Douro St., Stratford

Hours: Fridays 9:30–11:00 am
Contact: Church office: 519-271-4527
Details: Open to all. One pick-up per month.

The Salvation Army · Mitchell

Upper Thames Missionary Church 80 Roland St., Mitchell

Hours: Fridays 10 am–1 pm
Contact: 519-271-2950
Details: Open to Mitchell and area residents. One pick-up per month. Monthly visits. No appointment necessary.

It Takes a Village North Perth

148 Main St. W., Listowel

Hours: Tuesday, Thursday, Saturday, 10 am–5 pm;
Friday, 10 am–2 pm
Contact: 519-291-0116
Details: Delivery available upon request.

Salvation Army · Listowel 326 Main St. E., Listowel

Hours: Wednesdays & Thursdays 10–3 pm, by appointment
Contact: Family service office: 519-291-2900 | text: 226-622-4719 email: theresa_millen@can.salvationarmy.org
Details: Open to North Perth and area residents. Provides Christmas hampers and school supplies.

Loaves & Fishes Food Bank

6619 Perth Road 131, Milverton

Hours: First and third Tuesday each month 9:30–11:30 am
Contact: 519-595-8762 or after hours 519-595-4287
Details: Open to Milverton, Elice and Mornington Ward residents. One pick-up per month. Christmas hampers available.

Salvation Army · St. Marys

220 Queen St. E., St. Marys (enter by lower level off Peel St.)

Hours: Tuesday & Thursday 9:30 am–3 pm, by appointment
Contact: 519-284-2760
Details: Open to St. Marys and area residents. Formula and diapers when available. Christmas hampers available.

St. James Anglican Church

6 Hamilton St., Stratford

Hours: Tuesdays 9:30–11:00 am (Closed after stat holidays)
Contact: Church office: 519-271-3572
Details: Open to all. One pick-up per month.

Local Community Food Centre

612 Erie St., Stratford

Hours: Fridays 11:30 am–1 pm
Contact: 519-271-2950
Details: Open to everyone. Market style offering of fresh local foods including veggies, fruits, meat and cheese at whole sale prices.

NOURISH Equal Access Market

85 Church St. S., St. Marys

Hours: Third Thursday every month 2 pm–4 pm
Contact: 519-508-3663, Ext. 1002
Details: Open to everyone. Market style offering of fresh local foods including veggies, fruits, meat and cheese at wholesale prices.

Food Banks in Huron County

Salvation Army · Clinton 32 Albert St., Clinton

Hours: Tuesdays & Fridays 9:30 am–4:00 pm
Contact: Office: 519-482-8586
Details: Open to Clinton area and Huron County residents.

Salvation Army · Goderich

303 Suncoast Dr. E., Goderich

Hours: Mondays & Thursdays 9:30 am–4:00 pm
Contact: Office: 519-524-2950
Details: Open to Huron County residents.

Vanastra Community Christian Reformed Church 50 Fifth Ave., Vanastra

Hours: 10:30 am–noon the third Wednesday of every month
Contact: Office: 519-236-4376
Details: Once a month food bank truck in their parking lot.

Blessings Community Store Zurich

45 Main St., Zurich

Hours: Thursday 9:00 am–3:00 pm
Contact: Office: 519-236-4376
Details: Registration and appointment required. One pick-up per month.

Exeter and Area Community Food Bank

249 Andrew St., Exeter

Hours: Wednesdays 9 am–11 am
Contact: Thursdays 6 pm–8 pm
Office: 519-860-4104
Details: Registration and appointment required. One pick-up per month.

Noah's Ark Family Apparel

70670 London Rd., Exeter

Hours: Tuesdays 10:30 am–11:30 am
Contact: 519-709-0670
Details: No appointment needed. Delivery available upon request.

Friends of the Community

9 Rattenbury St. E., Clinton, ON

Hours: Wednesdays 5 pm–7 pm
Saturdays 10 am–12 pm
Contact: 519-955-1809
Details: Call or walk-in for service.

North Huron Community Food Share

405 Josephine St., Unit D, Wingham

Hours: Wednesday 9 am–1 pm;
First Wednesday of month 5 pm–6 pm
Contact: 519-357-2277, Ext. 4
Details: One pick-up per month. Additional support upon request.

Seaforth and District Food Bank

72 Main St. S., Seaforth

Hours: Tuesday 10 am–12 pm & Thursday 1 pm–3 pm
Contact: 519-527-0281
Details: One pick-up per month. Additional support upon request.

Huron County Food Bank Distribution Centre

2021 Mobile Food Bank Truck Dates and Locations

Contact: 519-913-2362
Brussels: Behind Barn: 10:30 am–noon:
Jan 21 · Feb 25 · Mar 25 · Apr 22 · May 20 · Jun 24
July 22 · Aug 19 · Sep 23 · Oct 21 · Nov 25 · Dec 16
Lucknow: Walter Street Housing, 535 Walter St. 10:30 am and across from Legion 477 Inglis St. 11 am–noon:
Jan 19 · Feb 23 · Mar 23 · Apr 20 · May 18 · Jun 22
Jul 20 · Aug 17 Sep 21 · Oct 19 · Nov 23 · Dec 14

Huron Park: One Stop at former school between Columbia Dr. and Empress Ave. on Algonquin Dr.: 10:30 am–noon:
Jan 22 · Feb 26 · Mar 26 · Apr 23 · May 21 · Jun 25
July 23 · Aug 20 · Sep 24 · Oct 22 · Nov 26 · Dec 17
Vanastra Community Christian Reformed Church,
50 Fifth Ave.: 10:30 am–12 pm:
Jan 20 · Feb 24 · Mar 24 · Apr 21 · May 19 · Jun 23
July 21 · Aug 18 · Sep 22 · Oct 20 · Nov 24 · Dec 15

Salvation Army · Wingham

205 Josephine St., Wingham

Hours: Tuesdays 1 pm–3 pm &
Thursdays 10 am–12 pm
Contact: 519-357-1387
Details: One pick-up per month. Additional hours upon request.

Society of St. Vincent de Paul · Goderich

441 Macewan St., Goderich

Hours: Monday-Friday 12 pm–4 pm
Contact: 519-524-1087.